



BRAZIL RUNNING ADVENTURE RACE



RACE

Course aventure à Pieds dans le sable avec des dunes, des lagunes et une extrême chaleur !

Running or walking Adventure race in the sand with dunes, lagoons and extreme heat !

*Edition
3
From April 11 to 18, 2025*

*160 km
Non Stop* *100 km
3 Stages* *60 km
3 Stages*

www.brazilrunningadventurerace.com

FRANCK'S WORDS



BEAUTIFUL, WARM, CHALLENGING BUT UNFORGETTABLE !

This desert is a artwork I have crossed it more than 10 times with always the same passionate look! It is unique in the world and crossing it, remains a feat ! 100% sand, hard, soft, dunes to climb, lagoons to go around or cross, feet are wet, the heat is heavy from 7:30 in the morning!

You will need to carry your own water between stages, your obligatory equipment and some dry items for the evening! 3 days of racing, adventure to meet this desert and also its inhabitants ! The 2 nights in the middle of the desert where the CPs will be meeting points! The food is excellent and will give you energy to tame this incredible nature!

Certainly the most difficult event proposed by Tendao !

Don't miss this event or we will limit it to 50 runners!

It will be just magical !

Franck Viandier race organizer



PROGRAM



April 11 Reception at the Hotel in Fortaleza by the sea from 2 p.m.
Dinner in a restaurant Night Hotel Fortaleza.



April 12 Departure 6 a.m. Bus transfer to the Parnaíba Delta.
Lunch on arrival at the hotel located by the sea Dinner and night Hotel.

April 13 Breakfast and bus transfer to the port of Tatu for a boat discovery of the Parnaíba Delta islands
Lunch during the visit and arrival in Tutoia!
Transfer from Tutoia to the Porto Preguiças hotel (Hotel located on the banks of the River). Dinner and night.

April 14 Relaxing day on a boat on the Préguiças River (Lunch during the visit) and return early in the afternoon to
check the equipment around 4 p.m.!
6 p.m. race briefing, dinner and hotel night.

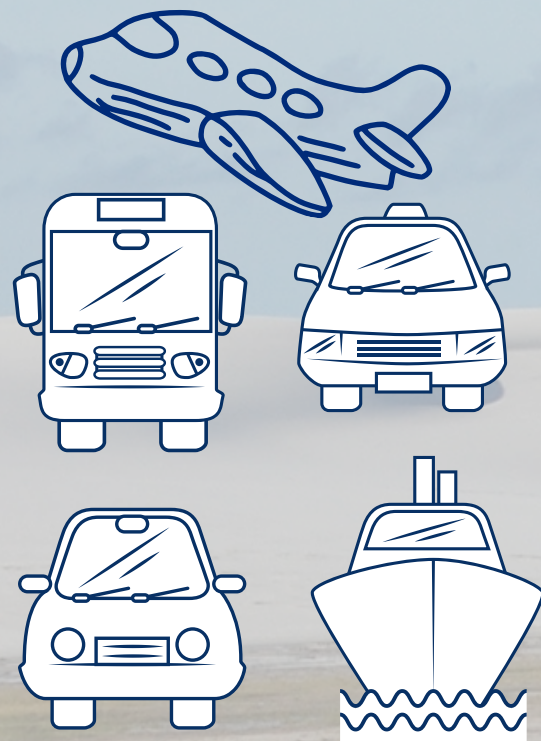
April 15 First day of racing Departure at 4 a.m. in 4X4 towards the Lençóis desert for the start common to all
events. Lunch, dinner and night in a hammock with the habitants of Baixa Grande for those who do 3 stages
races !.

April 16 Departure second stage and Lunch, Dinner and night with the habitants of Queimada dos Britos for
those who do the 3 stages events. Arrival of the first competitors in Santo Amaro for the 160 km non-stop.

April 17 Arrival of all competitors in Santo Amaro Lunch on arrival transfer by bus to Sao Luis Awards evening and
Dinner in Sao Luis Night Hotel Sao Luis.

April 18. Departure for Fortaleza to find an international flight to Paris

OUR SERVICES



**Transferts
inside Brazil**



**Organization
of the Race**



TECNICAL STAFF



Doctor



**4 Stars Hotel before
and after the race**



Meals



**Sightseeing
tours**



**Repatriation
assistance
insurance**

3 RACES



100 KM 3 STAGES



April 15, 52km
April 16, 19 km
April 17, 29 km

A difficult race, especially
this first stage !

160 KM NON STOP



April 15 (06 h)
to April 17 (12 h)

Certainly the most
difficult event
organized by Tendao

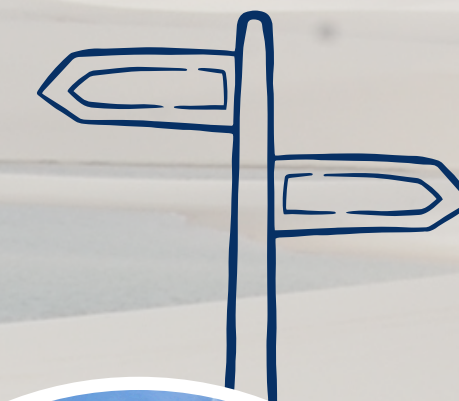
60 KM 3 STAGES



April 15, 22 km
April 16, 19 km
April 17, 29 km

Think about walking, think
about drinking, you have to
manage your body

DISCOVER DESTINATIONS



Fortaleza

Sea and Night Market
April 11
Reception at the
Hotel in Fortaleza by
the sea from 2 p.m.
Dinner in a
restaurant Night
Hotel Fortaleza



Delta Parnaiba

73 Wilds islands !
April 13 Breakfast. and
transfer to the port of
Tatu for a discovery by
boat of the islands of
the Parnaiba Delta.
Lunch during the visit
and arrival in Tutoia!



Rio Peguiças

April 14 Relaxing
day by boat on the
Preguiças River
(Lunch during the
visit) and return
early afternoon !



Lençois Desert

Dunes, lagoons, sun

3 days of racing in
this desert with 2
nights with families
in the middle of the
desert for the stage
races! April 15 16 17



Sao Luis

Let's discover the old
town of this capital

Awards evening and
Dinner in the historic
city of Sao Luis Night
Hotel Sao Luis
April 17 /18

160 KM NON STOP 100 MILES



**Departure at CP1: 30 KM +100 m Seaside, flat
CP1 to CP2 18 KM +250 m: Soft sand, dunes and lagoons**

CP2 to CP3 23 KM + 600 m Dunes and lagoons

CP3 to CP4 26 KM +500 m Dunes and Lagoons

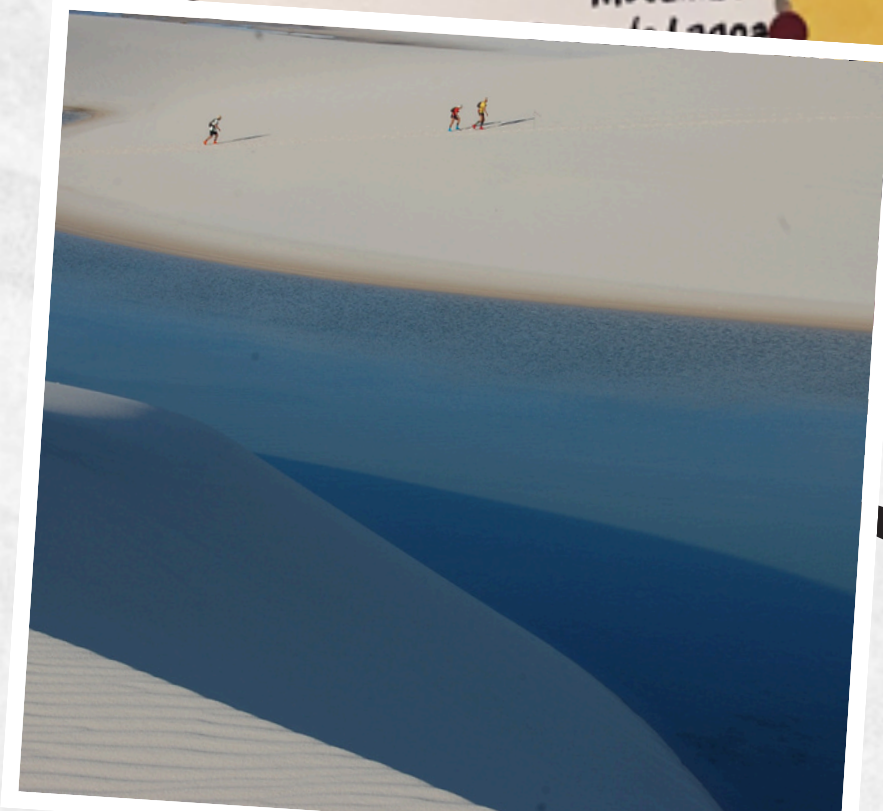
CP4 to CP5 25 KM + 400 m Dunes and Lagoons

CP5 to CP6 9 KM +200 m Dunes and lagoons

CP6 to CP7 17.5 KM + 600 m Dunes and lagoons

CP7 to Arrival 11.5 KM + 300 m Dunes Lagoons

CP1 Water only, CP2 water, sodas, hot water,
CP3 water, sodas, hot water, CP4 water, sodas, hot water,
CP5 water, sodas, hot water, CP6 water, sodas, hot water,
CP 7 water, sodas, hot water!



100 KM 3 STAGES

First Stage Canto de Atins / Baixa Grande

52 km + 900 meters of D +

CP Lagoa Bonita km 27

Second Stage Baixa Grande /Queimada dos Britos

19 km + 200 meters of D +

CP KM 10

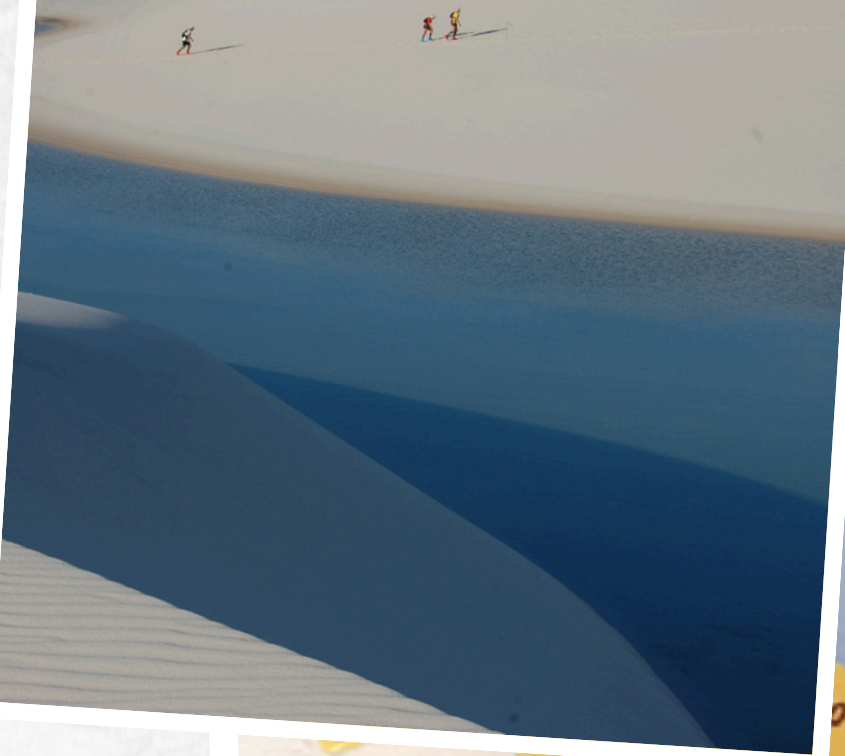
Third Stage Queimada dos Britos/Santo Amaro

29 km + 950 meters of D +

CP= 17.5 km

**No Time limit except on the last stage where you
have to complete 5 hours for the 17 km.**

Difficulties: sand, dunes, heat, sun



60 KM 3 STAGES

First Stage Canto de Atins / Baixa Grande

22 km + 600 meters of D +

Second Stage Baixa Grande /Queimada dos Britos

9 km + 200 meters of D +

Third Stage Queimada dos Britos/Santo Amaro

29 km + 950 meters of D +

CP= 17.5 km

No Time limits except on the last stage where you have to complete 5 hours for the 17,5 km.

Difficulties : sand, dunes, heat, sun ..



ACCOMPANYING PEOPLE

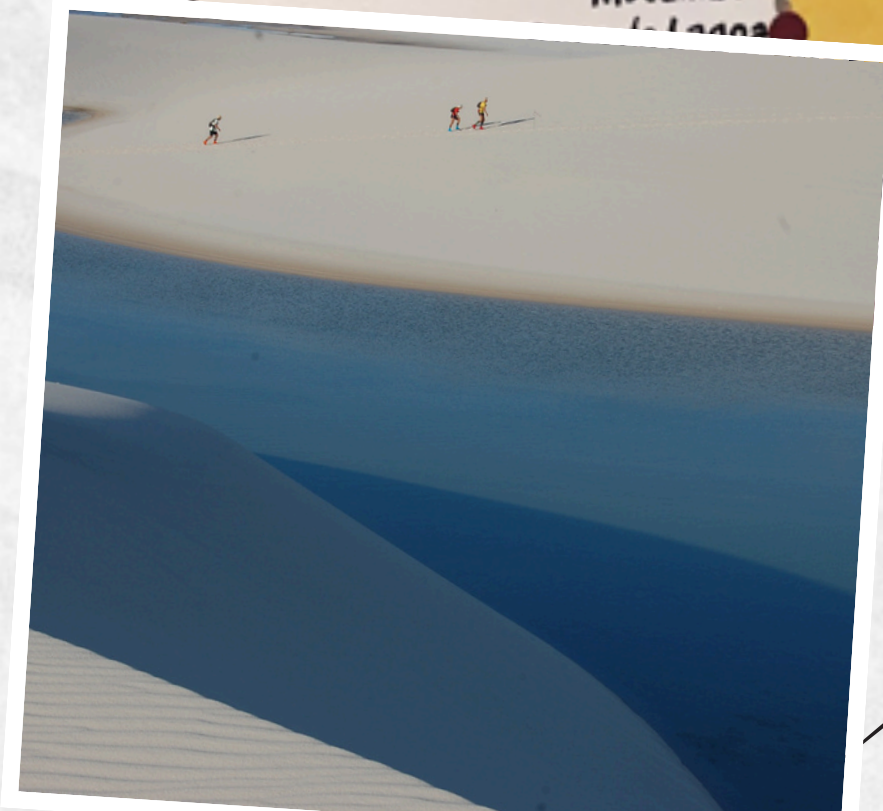


The program is identical to the runners except for the 3 days of racing!

You will witness the start and then you will leave for the first bivouac of the stage races which will also be a CP of the non-stop race! To get to the CP you will have to walk 2 hours ! Meals and night at a local's place!

The next day you will have to hike 3 hours to reach CP 2 ! It will be an active support that will allow you to discover this magnificent desert ! Second night with the runners before reaching the finish with the organization shuttle the next day!

For the non-stop race perhaps you will leave before the second night for the arrival of your runner !





*Fortaleza
4 stars Hôtel by
the sea!*



*Parnaíba
4 stars Hôtel by
the sea!*



*Rio Preguiças
4 stars Hôtel by
the river!*

HOTELS NIGHTS

Tous les hébergements sont de haute qualité exceptés les 2 nuots rustiques chez l'habitant mais qui resteront de grands souvenirs !
All accommodation is of high quality except for the 2 rustic homestays but which will remain great memories!



*Rio Janeiro
4 stars Hôtel by
the sea!*



*Sao Luis
Hôtel de charme
by Old City!*



*2 nights by
people of the
desert*

EXTENSION



RIO DE JANEIRO



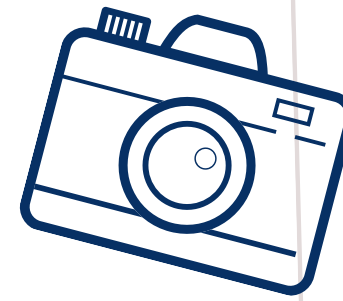
April 18 : Flight Sao Luis Arrival Rio Transfer Hotel on Copacabana beach.

Dinner in a typical restaurant Night Hotel

April 19 : Jeep Tour with visit to the Tijuca forest, Santa Theresa and the famous Corcovado! (lunch and dinner no included)

April 20 : Departure in the morning towards the sugar loaf! Visit to Sugar Loaf (optional helicopter tour of Rio from Sugar Loaf)! Typical dinner and Samba evening at the Rio Scenarium!

April 21 Free morning, free lunch and departure in the afternoon to the airport and flight to Paris!



CONTACT US



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